

School & Community RESOURCES

FOOD

School Summer Meal Program

Elementary Schools: Franklin, Provo Peaks, Provost, Spring Creek, Sunset View, Timpanogos.

Breakfast - 8:30-9:30, Lunch 11:30-12:30

High Schools: Independence High, Provo High. *Breakfast - 8:00-9:00, Lunch 11:30-12:30*

Mobile Food Pantry

Mondays: 8:00-10:00 a.m.,

85 E 700 N Orem

Wednesdays: 5:00-6:30 p.m.

1403 W 820 N Provo

Thursdays: 8:00-9:30 a.m.

1138 W 100 S, Spanish Fork



Community Action - Springville

Pick up food, diapers and baby food on Tuesdays & Thursdays 4:00-6:00 p.m. and 9:00-12:00 a.m. on Saturdays. No I.D. or paperwork required. 105 S 400 E.

Community Action - Provo

Food, emergency hotel vouchers, rent and deposit assistance. 815 S Freedom Blvd

MEDICAL

Mountainlands Health Center

Low cost primary care and mental health for families without medicaid.

589 S State Street, 801-429-2000.

Community Health Connect

Low cost medical for families without medicaid.

591 S. State Street, [801-818-3015](tel:801-818-3015).



DENTAL



Community Health Connect

Low cost dental care for families without medicaid.

591 S. State Street, [801-818-3015](tel:801-818-3015).

UVU Dental Clinic -

\$25 for a cleaning, exam and X-rays. Appointments take 3 hours. 987 S Geneva Rd building room 141, Orem, [801-863-7608](tel:801-863-7608),

Utah College of Dental Hygiene

\$20 for X-rays, cleaning, exam and fluoride treatment. 1176 S 1480 W, Orem 801-426-8234, 385-498-4486. For Half Price Dental - call the same phone number and press **option # 4**.

MENTAL HEALTH

Latino Behavioral Health

Therapy, peer mentoring and support groups in both Spanish and English. (801) 935-4447

Wasatch Behavioral Health

Therapy for individuals and families with medicaid. 750 N. Freedom Blvd., Provo 801-373-4760.

Family Haven

Therapy for individuals, couples and families. Grants are available to lower session costs. 1255 N 1200 W, Orem, 801-229-1181

Mountainlands Health Center

Low cost therapy for families without medicaid. 589 S State Street, 801-429-2000.

CHILDCARE

Family Haven

Non Crisis Childcare (FREE): offered from 9:00 a.m. - 9:00 p.m. on a first come first served basis. Crisis Childcare (FREE): offered 24/7.

Parenting classes: 8 week course offered in the evening at the center.

Also offered over zoom or in the home.

